

G.R.O.W.



[www.GROWHealthyKids.org](http://www.GROWHealthyKids.org)



**GROW's core values are driven by:**

- **C**ollaboration
- **H**ealth
- **I**nclusion
- **L**eadership
- **D**evotion

**G.R.O.W.**



# MISSION

**To make a positive difference in children's lives  
by increasing opportunities for physical activity  
and healthy living**



# VISION

**To help develop the healthiest children by supporting grassroots wellness initiatives that foster positive relationships between youth and trusted adults in the community.**

G.R.O.W.

Four Levels of Impact

# GROW Healthy Kids: Four Levels of Impact



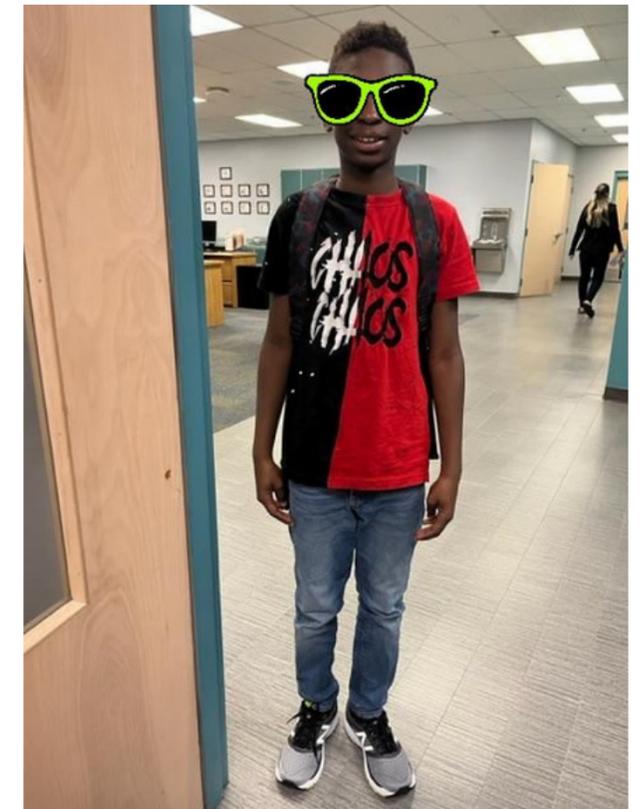
# GROW Healthy Kids: Four Levels of Impact

## 01 Individual: GROW | Steps

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01

## Individual: GROW | Steps



# **GROW Healthy Kids: Four Levels of Impact**

## **01 Individual: GROW | Steps**

- **distributes quality athletic shoes to K-12 public school students in need through community helpers like teachers, school resource officers, and school social workers**

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## 01 Individual: **GROW | Steps**

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- increases access to physical activity and improves self-esteem

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## **01 Individual: GROW | Steps**

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- **8,600 students served since 2009**

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## **01 Individual: GROW | Steps**

- **distributes quality athletic shoes to K-12 public school students in need through community helpers like teachers, school resource officers, and school social workers**
- **increases access to physical activity and improves self-esteem**
- **8,600 students served since 2009**
- **more than \$475,600 invested since program start and impacted 71 schools in Orange and Seminole counties**

# GROW Healthy Kids: Four Levels of Impact

01 Individual: GROW | Steps

02 Classroom: **GROW | Recess**

# GROW Healthy Kids: Four Levels of Impact

02

## Classroom: GROW | Recess



# GROW Healthy Kids: Four Levels of Impact

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## Classroom: **GROW | Recess**

- provides classic recess equipment to K-5 public school classrooms

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## Classroom: **GROW | Recess**

- provides classic recess equipment to K-5 public school classrooms
- increases independent, child-led, and active play, improves classroom focus, and builds more cooperative connections with their classmates

# GROW Healthy Kids: Four Levels of Impact

02

## Classroom: **GROW | Recess**

- provides classic recess equipment to K-5 public school classrooms
- increases independent, child-led, and active play, improves classroom focus, and builds more cooperative connections with their classmates
- 50,000 students served since 2015

# GROW Healthy Kids: Four Levels of Impact

02

## Classroom: **GROW | Recess**

- provides classic recess equipment to K-5 public school classrooms
- increases independent, child-led, and active play, improves classroom focus, and builds more cooperative connections with their classmates
- 50,000 students served since 2015
- \$220,000 invested across Lake, Orange, Osceola, Seminole, and Volusia counties since program start

# GROW Healthy Kids: Four Levels of Impact



# GROW Healthy Kids: Four Levels of Impact

03

## School: GROW | Run



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# GROW Healthy Kids: Four Levels of Impact

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## School: **GROW | Run**

- supplies student incentives, training materials, and cross country race coordination and supplies to public elementary school run clubs

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- improves students' physical and mental health, self-confidence, and classroom performance

# **GROW Healthy Kids: Four Levels of Impact**

**03**

## **School: GROW | Run**

- **supplies student incentives, training materials, and cross country race coordination and supplies to public elementary school run clubs**
- **improves students' physical and mental health, self-confidence, and classroom performance**
- **over 31,000 student runners since 2015**

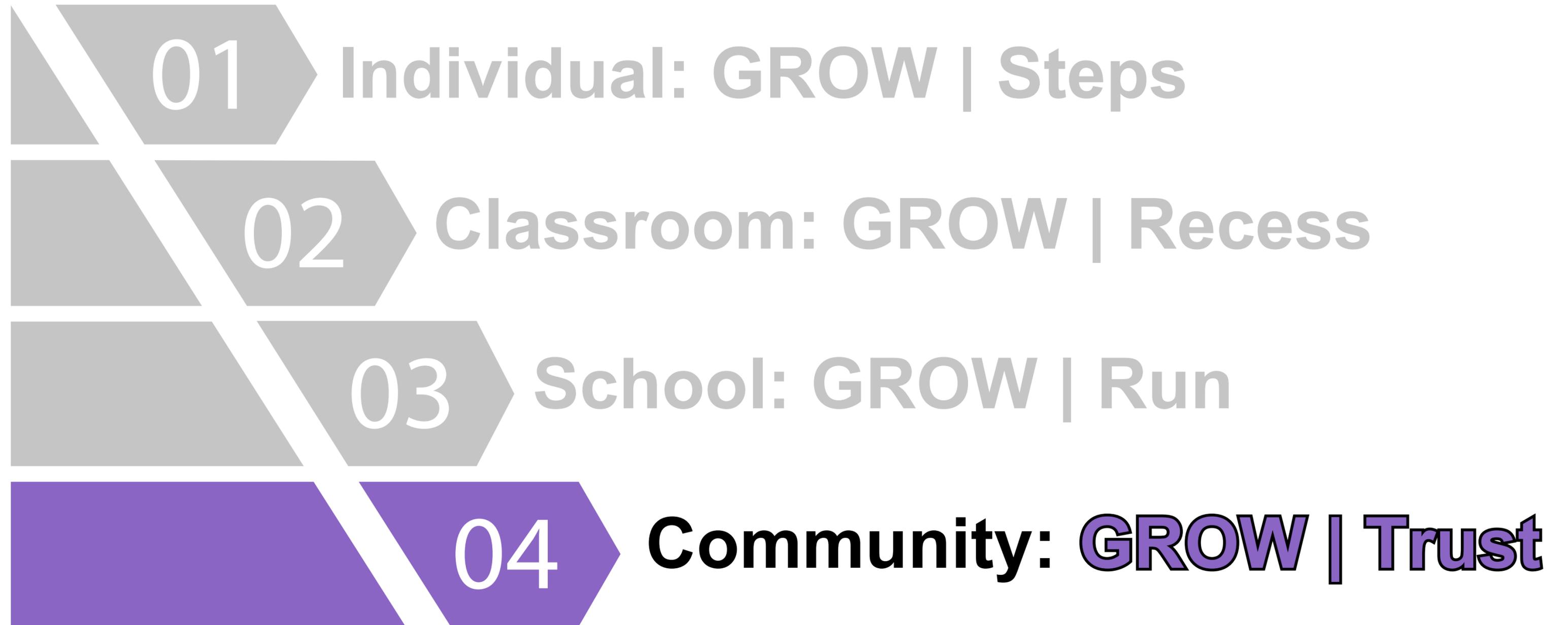
# GROW Healthy Kids: Four Levels of Impact

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## School: **GROW | Run**

- supplies student incentives, training materials, and cross country race coordination and supplies to public elementary school run clubs
- improves students' physical and mental health, self-confidence, and classroom performance
- over 31,000 student runners since 2015
- invested \$222,000 since program start

# GROW Healthy Kids: Four Levels of Impact



# GROW Healthy Kids: Four Levels of Impact

04

Community: **GROW | Trust**



# GROW Healthy Kids: Four Levels of Impact

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## Community: GROW | Trust

- deploys sports balls to trusted adults, like first responders

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- deploys sports balls to trusted adults, like first responders
- increases meaningful connections with at-risk children through play, encourages more positive interactions, and builds vital community relationships

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- deploys sports balls to trusted adults, like first responders
- increases meaningful connections with at-risk children through play, encourages more positive interactions, and builds vital community relationships
- serves the youth population across 8 counties and has distributed over 11,800 balls since 2017

# GROW Healthy Kids: Four Levels of Impact

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## Community: GROW | Trust

- deploys sports balls to trusted adults, like first responders
- increases meaningful connections with at-risk children through play, encourages more positive interactions, and builds vital community relationships
- serves the youth population across 8 counties and has distributed over 11,800 balls since 2017
- more than \$284,000 invested since program start

# GROW Healthy Kids: Four Levels of Impact

01

**Individual: GROW | Steps** distributes quality athletic shoes to K-12 public school students in need through community helpers like teachers, school resource officers, and school social workers, to increase access to physical activity and improve self-esteem. GROW | Steps has served 8,600 students since 2009.

02

**Classroom: GROW | Recess** provides classic recess equipment to K-5 public school classrooms to increase independent, child-led, and active play, improve classroom focus, and build more cooperative connections with their classmates. GROW | Recess has served 50,000 students since 2015.

03

**School: GROW | Run** supplies student incentives, training materials, and cross country race coordination and supplies to public elementary school run clubs to improve students' physical and mental health, self-confidence, and classroom performance. GROW | Run has served over 31,000 student runners since 2015.

04

**Community: GROW | Trust** deploys sports balls to trusted adults, like first responders, to increase meaningful connections with at-risk children through play, encourage more positive interactions, and build vital community relationships. GROW | Trust serves the youth population across 8 counties and has distributed over 11,800 balls since 2017.

How can you help?

**Get out your phone and scan this QR code.**

Donating to GROW is quick, easy, and options start as low as \$13.54 to sponsor an elementary runner for a season (not to mention it's tax deductible!).



# Thank you!

Contact Colleen Gonzalez for  
more information at:

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407-461-2611

